

# St Dominic's Catholic College

Founded by the Dominican Sisters

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VERITAS

7<sup>th</sup> August 2020

Kia ora whanau,

We have enjoyed a great first few weeks of Term 3, with many exciting events, activities and celebrations.

## St Dominic's Day

The highlight this week was celebrating our St Dominic's feast day on Tuesday. Our faith was beautifully brought to life through song, action and word, and the pride shown by all our students, staff and College whānau, was evident throughout. Once again we were treated with the presence of our Dominican Sisters, who are always full of praise for our girls and our college.

Following on from our mass, form classes spent time together creating artwork and writing cards to other Dominican schools and our sister schools around the world. In the afternoon our entertainment was provided by Zeal West, which is a dedicated youth centre situated at Westwave in Henderson. Our entertainment included performances by Freshman's dance crew and 2 fabulous local singers. We are incredibly thankful to Zeal - it was a great afternoon enjoyed by all students and staff.



**Congratulations** to Zeenat Ali and Chiela Fortunato, who have each achieved an A+ result in their University of Auckland Maths 199 course. This is a blend of 2 undergraduate courses- General Mathematics and Engineering Science. This exceptional level of achievement allows both girls to enrol in 2<sup>nd</sup> year Mathematics at University next year. Well done!

Nga mihi nui,

Anna Swann  
Principal

VERITAS

## CHESS

Yesterday our Intermediate Chess Team, Layne Almonte, Jillian Bunquin, Frankie Jones and Vivian Yang took part in the West Auckland Intermediate Chess Championships. They managed to improve their ranking from last year, coming 6th out of 21 teams. The girls played well and are continuing to develop their skills for use in future competitions. We are very thankful to be supported by the Almonte family who continue to help with transport and supervision at the events.



## CAREERS DEPARTMENT

We were very fortunate to have Judith Paterson from Positive Life Balance, visit year 12 students. She taught students strategies on self-care and confidence.

- The school held a career expo for students in the gymnasium the first Wednesday of Term. Providers were kept busy throughout the morning and were impressed with the enthusiasm and questioning from our students.
- The school is thankful to Rebecca Greenwood from Henderson Budgeting Advice, who spoke to the year 13 students, helping sort financial matters for the future.
- The Gateway students attending an onsite Health and Safety course, preparing them for work placement. The theme was 'Identifying hazards in the workplace'.
- Five students have gained their Forklift License through our Trades Academy Class. This was a new opportunity for our students who passed with flying colours.



## NETSAFE ADVICE FOR PARENTS ABOUT TIKTOK

TikTok is one of the fastest growing social media apps. It is a platform for creating, sharing and discovering short videos. These are some of Netsafe's top tips to help you safely navigate some of the online challenges.

### WHAT ARE SOME OF THE ONLINE SAFETY CHALLENGES?

TikTok accounts are public by default so anyone on the app can see what your child shares, but only approved followers can send messages. Some of the most common concerns with TikTok is that users can see inappropriate content or be contacted by people they don't know. For users under sixteen, TikTok defaults to having the direct messaging function turned off.

### DOES TIKTOK HAVE ANY SAFETY FEATURES?

TikTok's Family Pairing feature is designed to protect children. You can control how long your child spends on TikTok, limit or turn off direct messaging and block potentially inappropriate content. To do this:

- Go to 'Privacy and Settings'
- Under 'Digital Wellbeing' select 'Family Pairing'
- Identify which phone belongs to the adult and the child

## 2020 Theme

"She is clothed in strength and dignity  
and rejoices without fear of the future"

*He korowai, kia kaha, kia hōnore ai ōna kākahu, a kaua e wehi, titiro whakamua kia hari kia koe .  
Proverbs 31:25*

It also worth exploring their [Safety Centre](#) either with your child or on your own so you can understand the experiences they are having. TikTok also list their [top ten tips for parents](#) and have [dedicated resources for parents](#) that you might want to read. It explains how to set up restricted mode or establish screen time limits.

#### WHAT'S NETSAFE'S ADVICE?

Take the time to teach your child the [online safety basics](#) before they start using social media and having regular and open conversations with them about their use of online apps helps mitigate potential harm.

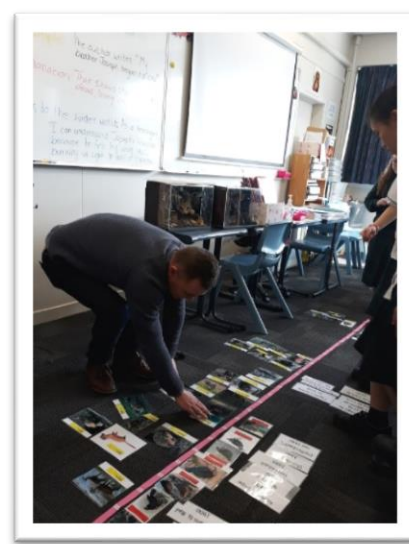
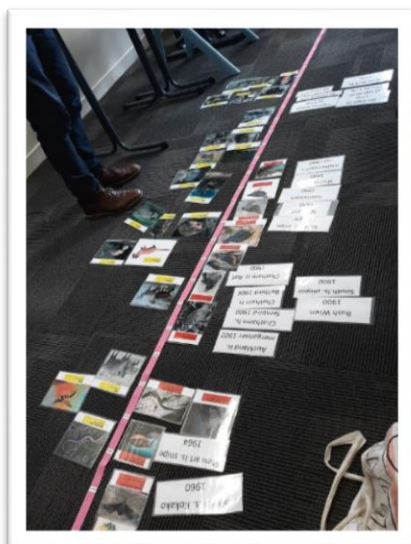
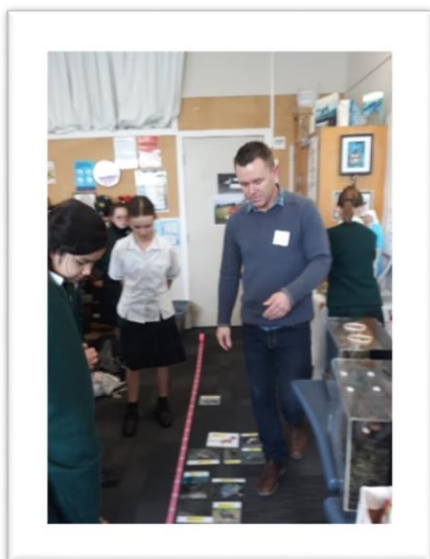
Encourage your child to share with you if they have upsetting experiences and make sure they're aware that any harassment, inappropriate language, bullying or hacking can be [reported to TikTok](#). For more information and advice go to the Netsafe website [www.netsafe.org.nz/tiktok/](http://www.netsafe.org.nz/tiktok/)



#### “ATTITUDE” TALK

Last Wednesday our Year 9 – 13 students listened to Alenzo from the Attitude group who talked to them about issues that concerned them at this stage in their lives. These were the topics presented to the students: Year 9 – Hauora; Year 10 – Relationships; Year 11 – Attitude; Year 12 – Sex and Relationships and Year 13 – Mental Health. Students found the topics and the talk very useful and informative since they are very relevant to their lives at the moment.

**THE ECO CLUB** for Juniors and Richard Carter Enviro Schools Facilitator was the guest speaker. He spoke about animals in the wrong place. He says we should not call these animals pests because it is not the fault of these animals that they cause damage. It is more us humans that are at fault because we have introduced these animals in the first place. He showed the students a timeline of the arrival of humans in Aotearoa and how this coincides with the extinction of certain species. Each time humans intervened or introduced something one species suffered and at times disappeared completely. This was a wonderful learning experience for everybody present.



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Year 7 – 10 Students from Dance Academy have been rehearsing nearly every lunch time for weeks now and are really looking forward to performing at Dance NZ Made. Solo, duo and trio performance are at Murray’s Bay Intermediate, 5pm Sunday 16<sup>th</sup> August. Tickets are available at the door. Lyrical and Contemporary teams are performing at Bruce Mason Centre at 6pm on Monday 17<sup>th</sup> August. Tickets are available on line at Ticketmaster



#### McINTOSH AND FRASER ORTHODONTIC SCHOLARSHIPS

If your daughter needs orthodontic work, please check out the application forms for the McIntosh Dental and Fraser Dental Orthodontic Scholarships, two valued at \$10,000 each. Applications close on 31 August 2020. See [mckintoshdental.co.nz/scholarship](http://mckintoshdental.co.nz/scholarship) or [fraserdental.co.nz/scholarship](http://fraserdental.co.nz/scholarship).

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