

# EAT SMART

## WRAPS+SAMMIES

Fresh Wraps <small>see selection available</small>	 	from \$5.00
Sandwiches <small>see selection available</small>	 	from \$3.00
Filled Rolls <small>see selection available</small>	 	from \$5.50
Crispy Chicken Roll		\$3.60
Butter Chicken Wrap		\$5.00

## EAT SMART SALADS

Freshly made Eat Smart salads are available daily.  

Also see the Pasta & Rice category for full list of pasta salads.



## BLACKBOARD SPECIALS

New food, special deals and more! Ask our friendly staff at the tuckshop what the **Blackboard Special** of the day is!



## PASTA & RICE



Pasta Selection <small>hot or cold</small>	 	from \$4.00
Teriyaki Chicken <small>on rice</small>		\$6.00
Butter Chicken <small>on rice</small>		\$6.50

## THE CLASSICS



Hash Brown 	\$1.00
Chicken Tender	\$2.00
Garlic Bread <small>plain or cheesy</small> 	from \$2.20
Wedges 	\$3.00
Hot Dog	\$3.50
Cheese Burger	\$4.00
Chicken Burger	\$5.50

+ more available in-store

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# EAT SMART Combos

## Crispy Chicken Roll Combo

w/milk, yoghurt & apple



C01

## Italian Pasta Combo

w/milk, yoghurt & apple



C02

## Cheeseburger Combo

w/water & apple



C03

## \$3 Sandwich Range Combo

w/muffin, water & apple



C04

## Teriyaki Chicken on Rice Combo

w/muffin & apple



C05

## Butter Chicken on Rice Combo

w/water & apple



C06

## Chicken Burger Combo

w/yoghurt & apple



C07

## 6pc Dumpling Combo

w/water & apple



C08

## \$4 Sandwich Range Combo

w/Grain Waves, muffin & apple



C09

## Veggie Pocket Combo

w/milk & apple



C10

## Pesto Pasta Combo

w/Grain Waves, yoghurt & apple



C11

## Butter Chicken Wrap Combo

w/yoghurt & apple



C12

## \$5.50 Sandwich Range Combo

w/milk & apple



C13

## Butter Chicken on Rice Combo

w/muffin & apple



C19

## 1/2 Wrap Combo

w/milk & apple



C15

## Chilli Bean Wrap Combo

w/water & apple



C16