

## LEARN SOME EVERYDAY PHRASES IN SAMOAN

**Tālofa lava**

*Hello*

**Tōfā soifua**

*Goodbye*

**loe, fa'amolemole**

*Yes please*

**Leai fa'afetai**

*No thank you*

**'O lo'u igoa o...**

*My name is...*

**Tulou/Tulouna lava**

*Excuse me*

**Fa'amālulu atu**

*My apologies*



# GO TO LUNCH WITH A FRIEND IN SAMOAN

**Malo!**

*Hi!*

**O ā mai (oe / oulua / outou)?**

*How are (you / you two / you all)?*

**O lea ou te manuia fa'afetai**

*I am good, thank you*

**Ua e 'ai? Sau ta a'ai**

*Have you eaten? Come let's eat*



# LEARN SOME OFFICE BANTER IN SAMOAN

**Fa'amālō atu!**  
*Congratulations!*

**Ou te fiafia e fa'atalanoa atili lenei mataupu**  
*Happy to discuss*

**'O le ā le taimi o le fono?**  
*What time is the meeting?*

**E lē āfāina**  
*No worries*

**'Ou te lagolagoina le manatu**  
*I agree with the point raised*

**Fa'amalie atu i le tuai atu o se tali...**  
*Apologies for the delayed response...*

**I la'u imeli talu ai...**  
*As per my previous email...*

**Vili mai / Vala'au mai**  
*Call me*